

DEPARTMENT OF PEDIATRIC REHABILITATION
Eco Explorers Day Camp
Camp Criteria 2020

This group description is intended to help parents, therapists, and other staff working with children to determine the appropriateness of the camp setting for each child.

Therapists

Two therapists (one SLP & one PT) from Boulder Community Health (BCH) Pediatric Rehabilitation Services will work with the Thorne Nature Experience staff to plan the camp based on the needs of the children in the group. Two BCH therapists and one leader from Thorne Nature Experience will be present for the entire week.

Location

Eco Explorers Day Camp meets at Sombrero Marsh Environmental Education Center (1466 N. 63rd St. Boulder, CO 80303).

Time/Dates

DATES: Monday – Friday, June 1 - 5

HOURS: 9:00 a.m. drop off / 2:00 p.m. pick up

Ages

5 to 7 years

Group Size

6 to 8 kids

Abilities Needed for Participation in Camp:

- Able to independently use the restroom without accidents throughout the day.
- Able to eat lunch independently (or with minimal assistance) (family must provide lunch and snacks).
- Able to attend to and participate in group activities for 10-15 minutes at a time.
- Able to walk for 15 minutes at a time with minimal assistance.
- Able to walk with a group of people in the outdoors with minimal assistance.
- Able to control behavior and emotions with minimal adult cues and assistance.
 - Child is able to manage feelings and behavior appropriately in a group setting. This camp is best suited for children without temper outbursts and behavior management issues, such as aggression toward peers or adults.
- Able to independently remain with a group of 8 people (i.e., will not wander away from the group during activities).
- Able to follow 1-2 step directions. Directions are frequently paired with visual aids (i.e., lists, pictures).
- Able to ride on a school bus the off-site activities.
- Child has the endurance required to participate in a full day of camp outdoors from 9:00am – 2:00pm.
- Child is comfortable in the outdoors and does not have significant environmental allergies (found in a natural setting).

- Family must be willing to go through a screening process which may include: parent interview, in person meeting with the child, interview with the child's teacher or other individuals who have worked with your child.

*Please notify camp staff if your child does not meet any of the above criteria so that eligibility for camp can be determined

**Children are required to bring their own sack lunch and water bottle. Please have them wear tennis shoes, sunscreen and a hat each day. You will be notified on the 1st day of camp of the scheduled outings.

A Typical Day

- * Campers arrive (9:00am)
- * Check-in & Circle time
- * Free Exploration
- * Games and activities
- * Habitat exploration
- * Lunch- campers bring their own lunch
- * Games and activities
- * Closing circle and gratitude
- * Campers depart (2:00pm)

Our goal is the inclusion and full participation of all children throughout the camp day. Therapists work to adapt the activities within the confines of the camp and group abilities.

If a child's behavior inhibits his/her ability to participate in the group or if behavior affects group function as a whole, therapists may determine at any time that a child is no longer eligible to continue in the group.

Contact the Pediatric Rehabilitation Department at 303-415-4466 with questions or for more information.