



Medicare and Telehealth: What You Need to Know

Due to the federal government shutdown, some Medicare and Medicare Advantage telehealth benefits have changed as of October 1, 2025. As a result, BCH is currently unable to schedule telehealth visits for Medicare and Medicare Advantage policyholders. These services may be reinstated if the government restores prior telehealth provisions.

What has changed?

- On October 1, 2025, some of the special telehealth options added during COVID-19 reverted to pre-pandemic rules and became no longer covered by Medicare and Medicare Advantage. This means coverage for telehealth services will be limited to rural locations and specific types of health care providers.
- *Note: Medicare will continue to cover telehealth services for mental health and behavioral health care without restrictions.*

We will continue to provide updates as more information becomes available. In the meantime, for more details, you can visit Medicare's telehealth page: cms.gov/medicare/coverage/telehealth.

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