



Evidence of Improvement

Community Health Education – All topics

Support groups and specialized educational programs provide access to information for addressing health behaviors and risks. In 2024, 9380 people attended or viewed recorded versions of BCH educational lecture series events – in 2023 that number was 16,134.

Several BCH funds are used to assist patients indirectly for their care:

Elaine Meyer Rehab Endowment Administrative Costs

Care for patients' needs outside of healthcare setting to accommodate healing

CAM Fund/B Strong

Supports cancer patients with integrative inpatient and outpatient services and equipment needs

Mental Health

Patient care and assistance at cost provided as patient qualifies during mental health episodes

Social Determinants of Health

Provides indigent care patients with necessary housing, food, or needed Rx supplies upon discharge to encourage successful recovery. Additionally, BCH programs with All Roads (Formerly known as The Boulder Shelter for the Homeless) to decrease the likelihood of readmission in the unhoused population.

Patient Transportation

Provides patients with free transportation as needed to continue their care without barriers

Heart Scan Promo

In 2024 and 2025 BCH provide patients with reduced cost for heart scans to promote preventative care. Over 600 patients were able to be scanned in those two years.

Handle with Care Security Staff Training

Provided security personnel with advanced training on de-escalation and proper restraining techniques when dealing with disgruntled patients which results in safety for patients and broader community – all BCH Security Staff team members were able to attend training in 2024.

Community Outreach Coordinator – Cardiology Nurse Navigator

BCH has utilized a Cardiology Nurse Navigator to engage in Cardiology Lifestyle Support Community Classes 2024-2025 (June) that promote a healthier lifestyle and cardiac health.

Attendance information:

Heart Healthy Nutrition Class:

- Number of classes- 15
- Total participants- 262

Heart Healthy Meditation Class:

- Number of classes- 9
- Total participants- 95

Heart Healthy Cooking Class:

- Number of classes- 6
- Total participants- 72

Lifestyle Medicine Class:

- Number of sessions- 4 (5 classes per session)
- Total participants- 60

Caring Hearts Cardiac Caregiver Support Class:

- Number of sessions- 8 (started in October 2024)
- Total participants- 27

Total number of classes- 42

Total number of participants- 516 (through June 2025, there are still 5 months' worth of classes left in 2025)

Trauma Symposium

In 2024 and 2025 has hosted a symposium detailing the complex and necessary work associated with trauma patients and how BCH is supporting the community as a level II trauma center. For the 2025 symposium, we had 227 total registrants from within the EMS/Trauma community attend.

Canine Corps

The BCH Canine Corps has been delivering smiles to patients, visitors and staff at Boulder Community Health since 2000. Some 40 pet therapy teams currently visit our facilities at Foothills Hospital and campus and the Tebo Family Medical Pavilion (The Cancer Center). During 2024, 38 Canine Corps teams made 1,093 visits to patients, staff and visitors at a number of BCH facilities. This is an average of 3 visits per day. Facilities visited by Canine Corps are Foothills Hospital, Tebo/RMCC, Della Cava, CUSMPC, Boulder Heart in Anderson, Cardiac Rehab, CMC, Boulder Creek in Reynolds, Internal Medicine Assoc, and Frontier in Longmont

Community Collaboration

Administrative costs associated with donations to various 501c3 organizations within the community

Community Health Improvement Advocacy

Boulder Community Health leadership team members at active participants in the Colorado Hospital Association, Medicaid Provider Rate Review Advocacy Committee, and the CAPTIS Purchasing Coalition Board.

Kids Bike Helmet Program, Fall Prevention, CPR Education

The Boulder Community Health Trauma Services bike safety program provides education on concussions, bike safety, and proper helmet fits in partnership with local police and fire departments. During the spring months, we donate helmets to bike programs at Casey Middle School and bike bonanzas at various elementary schools. During the summer months, we provide helmets and education at bike rodeos that are put on by the police departments and transportation departments of our community. Our largest donation event is in collaboration with Community Cycles for their holiday bike giveaway program in December. We also provide medical IDs for each helmet donated in case of emergency for recipients. In 2023, BCH donated 877 helmets and over 1000 medical IDs. In 2024, BCH provided 1,153 helmets and 1,500 medical IDs. Currently, in 2025 we have donated 131 helmets and 200 medical IDs. Bike related injuries are one of the top three mechanisms of injury for our trauma patient population comprising between 15-20% of our injuries for our admitted trauma patients.

Falls are the number one injury on the trauma registry at Boulder Community Health. In addition, falls are the number one cause of injury nationwide for adults over the age of 65. The trauma services department partnered with Boulder County Age Well Centers, Lafayette Senior Center, Erie Community Center, Louisville Senior Center, as well as the Boulder County Area Agency on Aging to provide fall prevention programming to 250 participants in 2023 and 364 participants in 2024. For 2025, we have had participation in 3 different fall prevention programs at various different locations in the community. Motor vehicle collisions are the number two cause of injury in our patient population. More specifically, we see these injuries most in older adults and teen/young adult drivers. Boulder trauma services worked with the senior centers in our community to provide Car Fit appointments for older adults to ensure proper fit of their driving seat and car to increase overall safety on the road. In 2024 we fit 18 community members and so far in 2025 we have fit 14 community members to their cars. We have four more events for the 2025 year. In 2023 and 2024, through two separate programs, in partnership in our regional trauma committee and with Farmers Insurance, we awarded over \$45,000 worth of teen driving scholarships. These scholarships require recipients take the highest level of driver's education offered in our community.

In addition to our injury prevention programming, we are developing our trauma survivors network. We have an advisory board and do twice-monthly patient rounding to provide resources and support for all admitted trauma patients.

We also partnered with Boulder Fire-Rescue to provide community hands-only CPR classes. We have had over 100 participants so far this year. We are partnered with

Colorado Mountain Club to provide Wilderness First Aid classes to our community as well. Each class offered educated 20-30 community members.

PILLAR

Between 2023 - 2025, the PILLAR Program demonstrated meaningful impact on client health outcomes and access to care through a variety of targeted interventions. Out of 1832 consults received—1398 of which were unique—863 individuals reported better health outcomes, verified through verbal self-reports, surveys, and chart reviews in EPIC medical records. This represents over 47% of those referred, suggesting strong engagement and treatment effectiveness. The program also addressed significant barriers by providing 175 scholarships to uninsured or underinsured residents ranging from Outpatient Substance Abuse Treatment, Sober Living, cell phones and cell service, as well as transportation assistance to participants accessing Medication Assisted Treatment (MAT) through Uber Health. These efforts, paired with 425 participants supported through nature-based wellness programming and 5850 views on educational content, indicate a comprehensive and accessible model of care that supports both clinical and recovery needs.

2023 total consultations – 853

2024 total consultations – 771

2025 total consultations year to date May - 208

Caring Science Education for Various Health Profession Programs

Provides professional development of healthcare continuum which results in clinical care quality and patient outcomes.

Beacon Center for Infectious Disease Unreimbursed Costs

Community members with HIV+ infections can now live with the disease with proper medication and follow up. BCH has four infectious disease physicians and one nurse practitioner on staff.

Behavioral Health Navigator

Provides assistance with navigating the complex care associated with behavioral health patients. Care is not charged but remains a resource for patient and family members of the patient.

Sexual Assault Nurse Examiners (SANE) and SAFE

Victims of sexual assault are more apt to report when they are examined by someone with specialized training.

2022:

56 SANE cases

14 Blue Sky Bridge cases – non acute pediatric exams

7 diversions

4 declines

2023:

43 SANE cases
16 BSB
2 Suspect exams
4 Strangulation exams
5 diversions
4 declines

2024:

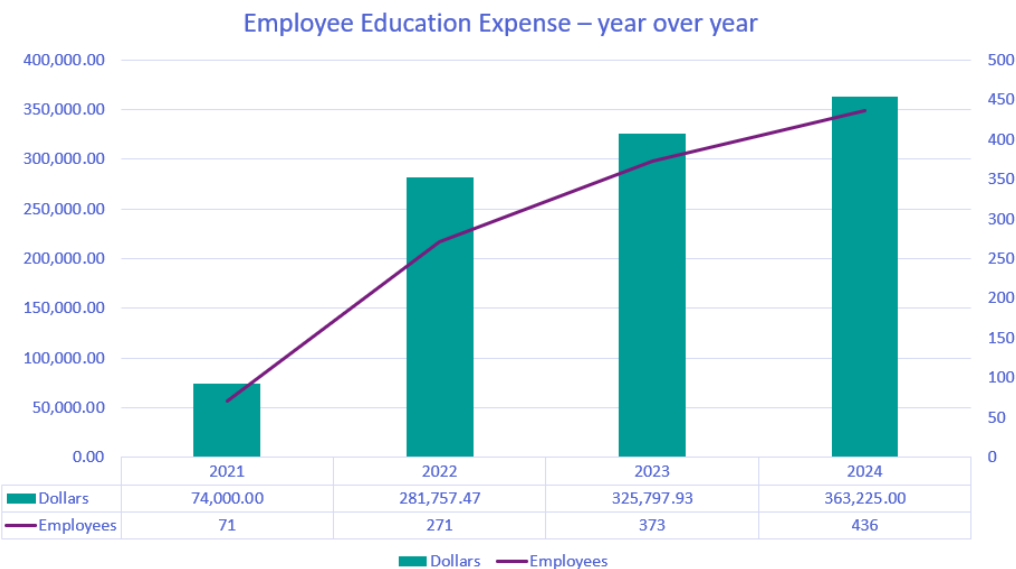
32 SANE cases
3 Strangulation exams
10 BSB cases
17 diverts
3 declines

Community Health Needs Assessment Administrative Costs

All work performed to comply with CHNA and HCBA requirements and assessing what needs are not being met in the community.

Health Professions Education

It is imperative to invest in the professional growth and physical and mental health of BCH’s greatest asset – the staff and physicians providing care to the community. BCH increased tuition reimbursement, continuing education and supported advanced certifications for its staff.



Participants and recipients of funds had a 15% higher retention rate versus organization wide.

Cash, Gifts in Kind, Contributions for Community Benefit

BCH funds 6 Athletic trainers for 6 Boulder Valley School District Schools (BVSD), meeting rooms for non-profits, Project Cure donated medical supplies, time on Community Boards. Additionally, each year, BCH sponsors fundraising events for community not for profit organizations that serve the community.

Disaster Readiness

Natural disaster risk and pandemic risks when realized require appropriate trained medical responses. BCH has prepared to meet any challenge that presents itself to serve the community.

Boulder County Health Improvement Collaborative

Helps to coordinate and identify community medical issues.

SUD Inpatient

Since it was licensed in late 2024, the BCH Inpatient Behavioral Health unit has admitted 38 patients for Substance Use Disorder, often discharging them to Intensive Outpatient programs.

Gerontology 2024

Care of our aging population prompted BCH to begin a gerontology service and we have hired a Medical Director, Two Gerontologists, and Two nurse navigators. The new service had over 1,200 patient encounters in 2024 and is on track to double that in 2025.