

Breast Health Navigator



WHAT IS A BREAST HEALTH NAVIGATOR?

The Breast Health Navigator helps patients and their families maneuver successfully through the health care system.

Our Breast Health Navigator is a trained oncology nurse who provides emotional support and helps guide patients through their breast cancer treatment, from diagnosis to recovery and beyond.

WHAT DOES A BREAST HEALTH NAVIGATOR DO?

PERSONAL ADVOCATE

- Helps guide patients through all the treatment options available
- Stays in constant communication with the patient's primary care physician, oncologist, radiologist and surgeon throughout the treatment process

SUPPORT AND RESOURCE PROVIDER

- Provides emotional support to the patient and her/his family
- Leads and facilitates support groups for patients and their families
- Recommends resources and provides referrals to social workers, psychologists, support and medical staff

EDUCATOR

- Explains the advantages and disadvantages of various treatment options
- Serves as a triage manager to assess the patient's educational and social needs and refer the patient to the proper resources
- Researches and supplies current educational information to physicians, nurses and patients
- Educates other medical personnel in understanding benign and malignant diseases and their treatment as well as the patients' emotional and social recovery
- Educates the public on the early detection of breast disease and breast-exam skills
- Serves as a public advocate for the needs of breast cancer patients and their families

LEARN HOW OUR BREAST HEALTH NAVIGATOR CAN HELP YOU.

Call Breast Health Navigator Gretchen Framel, RN, OCN at 720-854-7057.